



# FUTURE OF AGEING

10th European Congress of Biogerontology and  
6th Biogerontological Meeting at the Nencki Institute  
Warsaw, Poland, September 23-24 2016

## ORGANIZERS

**Ewa Sikora**

Principal Organiser  
Nencki Institute  
of Experimental Biology

**Suresh Rattan**

Chairman, Biological Section  
International Association  
of Gerontology and Geriatrics  
- European Region  
(IAGG-ER)

## WE CORDIALLY INVITE YOU

to share and discuss your views on one of the most important and urgent issues – the future of ageing. Most of us now expect to live a long life and will experience ageing and old age. Understanding the biological, biomedical, demographic and psycho-social aspects of ageing is the road to prepare for the future. Could we, would we, should we stop ageing partially or completely is the challenge to think about. Let us do it together. We look forward to welcoming you.

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## TOPICS TO BE DISCUSSED:

What have we understood about ageing so far?  
What are the gaps in our present understanding of ageing?  
How age-related diseases are connected to the ageing process?  
Can ageing be postponed?  
How long should we live?

## SPEAKERS:

Tomasz Biliński  
Bruce Carnes  
Lloyd Demetrius  
Pidder Jensen Duerr  
Vadim Fraifeld  
Claudio Franceschi  
Helen Griffiths  
Anita Jagota  
Gurcharan Kaur  
Krzysztof Książek  
Günter Lepperding  
Antonello Lorenzini  
Arnold Mitnitski  
Graham Pawelec  
Zsolt Radak  
I. Maeve Rea  
Suresh Rattan  
Jacek Witkowski  
Dariusz Włodarek  
Katarzyna Wiczerowska-Tobis